Birchwood Pantry Co.

STONE-TOASTED IN THE MAD RIVER VALLEY · VERMONT

EST. 2014

ORGANIC • SMALL-BATCH GRANOLA

Toasted Maple & Pecan Granola

Whole-grain oat clusters baked low and slow with pure Vermont maple syrup, roasted pecans & a whisper of Ceylon cinnamon.

NET WT 12 OZ (340 g)

- USDA ORGANIC
- NON-GMO VERIFIED
- CERTIFIED GLUTEN-FREE
- PLANT-BASED

INGREDIENTS

Organic whole-grain rolled oats, organic pecans, organic Vermont maple syrup, organic expeller-pressed sunflower oil, organic coconut sugar, organic ground flaxseed, organic Ceylon cinnamon, vanilla extract, sea salt.

ALLERGEN INFORMATION

Contains: Tree Nuts (Pecans).
Packed in a facility that also handles wheat, milk & peanuts; may contain traces of other tree nuts.

HOW TO KEEP IT FRESH

Store in a cool, dry place away from direct sunlight. Reseal the pouch tightly after opening and enjoy within 14 days for peak crunch.

WAYS TO ENJOY

Layer over thick Greek yogurt, float in cold oat milk, or scatter across a warm bowl of baked cinnamon apples.

FROM OUR KITCHEN

"We toast every batch by hand in our Waitsfield kitchen, folding in maple syrup tapped from sugar maples just up the road. No shortcuts — only good grain."

Hannah Whitcomb

FOUNDER & HEAD BAKER

Nutrition Facts

About 6 servings per container

Serving size	**2/3 cup (55g)**
Amount per serving	
Calories	**240**
	% Daily Value*
Total Fat 11g	**14%**
Saturated Fat 1.5g	**8%**
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 95mg	**4%**
Total Carbohydrate 31g	**11%**
Dietary Fiber 4g	**14%**
Total Sugars 10g	
Includes 8g Added Sugars	**16%**
Protein 6g	
Vitamin D 0mcg	**0%**
Calcium 40mg	**4%**
Iron 2mg	**10%**
Potassium 180mg	**4%**

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

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